

Padova Inflammatory Bowel Disease Questionnaire

Name _____ Date _____

1. How often during the last two weeks have your bowel movements been?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

2. How often during the last two weeks have your bowel movements been loose?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

3. How often during the last two weeks have you had pain in the abdomen?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

4. How often during the last two weeks have you had problem with passing gas?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

5. How often during the last two weeks have you been troubled by abdominal bloating?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

6. How often during the last two weeks have you had rectal bleeding?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

7. How often during the last two weeks have you been troubled by having to go to the bathroom even though your bowels were empty?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

8. How often during the last two weeks have you accidentally soiled your underpants?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

9. How often during the last two weeks has feeling of fatigue or of tiredness been troubling you?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

10. How often during the last two weeks have you felt free from ailments?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

11. How often during the last two weeks have you felt your stomach upset?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

12. How often during the last two weeks have you had problems getting a good night sleep or been troubled by waking up during the night?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

13. How often during the last two weeks have you had problems maintaining or getting to the weight you would like to be at?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

14. How often during the last two weeks have you felt strong and full of energy?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

15. How often during the last two weeks have you felt generally unwell?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

16. How often during the last two weeks have you felt frustrated, impatient or restless?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

17. How often during the last two weeks have you felt worried about your illness, getting cancer, never feeling any better or relapsing?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

18. How often during the last two weeks have you been troubled by fear of not finding a bathroom?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

19. How often during the last two weeks have you felt tearful or upset?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

20. How often during the last two weeks have you felt relaxed or free from tension?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

21. How often during the last two weeks have you felt embarrassed because of your bowel problems?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

22. How often during the last two weeks have you felt irritable because of your bowel problems?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

23. How often during the last two weeks have you felt lack of understanding from others?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

24. How often during the last two weeks have you been satisfied or happy?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

25. How often during the last two weeks have you been unable to attend school or work because of your bowel problems?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

26. How often during the last two weeks have you had to delay or cancel a social engagement because of your bowel problems?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

27. How often during the last two weeks have you difficulty, because of your bowel problem, doing leisure or sport activities you would have liked to have done?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

28. How often during the last two weeks have you had to avoid attending events where there was no bathroom close at hand?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always

29. How often during the last two weeks have your bowel problems limited your sexual activity?

- Never or hardly never
- Sometimes
- Often
- Always or nearly always